

## Coronavirus Information

### Message from the Los Angeles County Department of Public Health

The Los Angeles County Department of Public Health is asking for your assistance to help prevent the spread of the novel (new) coronavirus in Los Angeles County. Globally, there continues to be a growing number of people infected with this virus which causes “coronavirus disease 2019” (abbreviated COVID-19). We need to continue to prevent the spread of this infection locally. Public Health is proactively taking steps to prevent the spread of this infection.

### REOPENING SAFER AT WORK AND IN THE COMMUNITY FOR CONTROL OF COVID-19

Click here for Order: [Health Officer Order 01.29.21 \(lacounty.gov\)](https://www.lacounty.gov/health-officer-order-01-29-21)

### Know where to get reliable information

Beware of scams, false news and hoaxes surrounding novel coronavirus. Accurate information, including announcements of new cases in LA County, will always be distributed by Public Health through press releases, social media, and its website. The website has more information on COVID-19 including FAQs, infographics and a guide to coping with stress, as well as tips on handwashing.

#### • Los Angeles County Department of Public Health (LACDPH, County)

<http://publichealth.lacounty.gov/media/Coronavirus/>

Social media: @lapublichealth

The Los Angeles County Department of Mental Health Access Center 24/7 Helpline (800) 854-7771

### Tri-Cities ROP Operations:

- We are trying to minimize exposure and prefer Teachers, Instructional Assistants, Substitute Teachers, CCPAs, and Rio Hondo Counselor do not come in the ROP Office unless necessary.
- Rather than come in the office, please sign, scan, and email timesheets and timecards to Ruth.
- All internships have been canceled.
- All field trips have been canceled.
- All trips and conferences have been canceled.
- All off site guest speakers coming from outside your campus are canceled. We will let you know when you can reschedule.
- Staff is asked to use commercially available disinfectants.

### Everyday personal prevention actions include:

- Stay home when you are sick. Stay home for at least 24 hours after you no longer have a fever or symptoms of a fever without the use of fever-reducing medicines. However, if you are under quarantine orders (because you are a close contact to a person with COVID-19) you must stay in quarantine for 14 days from your last contact with the person.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizer that contains at least 60% alcohol.

- Cover your coughs and sneezes with a tissue, and then dispose of the tissue and clean your hands immediately. If you do not have a tissue, use your sleeve (not your hands).
- Limit close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipes.

**Preventive measures taken at an organizational level to reduce the spread of respiratory viruses, like the virus that causes COVID-19:**

- Educate and emphasize the importance of the everyday personal prevention actions.
- Encourage and support staff, volunteers, and students to stay home when they are sick. Remind them to stay home and not come to school until they are free of fever for at least 24 hours without fever-reducing medication.
- Provide adequate supplies for good hygiene, including easy access to clean and functional handwashing stations, soap, paper towels, and alcohol-based hand sanitizer.
- Encourage regular hand washing including when children arrive at school, before meals, after using the restroom and after coughing and sneezing.
- Minimize, where possible, close contact and the sharing of objects such as cups, food, and drink.
- Routinely clean and disinfect all frequently touched surfaces and objects, such as doorknobs, bannisters, countertops, toys, faucet handles, and phones. Use the usual cleaning agents and follow the label directions.
- Provide members of school community with accurate information about novel coronavirus and steps they can take to protect themselves and their families.

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