

# You Have an Interview—Now What?

## **Dress appropriately**

- No too-tight or too-baggy clothes
- No big or flamboyant jewelry
- No tattoos showing
- Limited makeup for women
- Pressed clothes and clean shoes

## **Use good hygiene**

- Clean nails, hands, and body
- Well-groomed hair, no radical styles or cuts
- Brushed teeth, fresh breath

## **Respect the schedule**

- Arrive a few minutes early.
- Clear your calendar so you don't have to rush.
- Be patient if you have to wait.
- Take the interviewer's hint to leave when an interview is finished.

## **Show you're a grownup**

- Go on your own—no mom, dad, buddy, girlfriend, or boyfriend.
- Shake hands with the interviewer when you arrive and leave.
- Demonstrate outward confidence, even if you're shaking on the inside.
- Present yourself as a mature, responsible candidate for employment.

## **Demonstrate good manners**

- Wait to sit until the interviewer offers you a seat.
- Use good posture, no slumping.
- Send a thank you note, either by email or paper.